



WEEK 1



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

HOT LUNCH	JACKET POTATOES WITH BEEF OR VEGGIE CHILLI (V)	GOAN SALMON CURRY OR BUTTERNUT SQUASH & LENTIL CURRY (V)	FRESHLY BAKED BIANCHIS TOMATO, BASIL & MOZZARELLA PIZZA (V)	WHOLEMEAL SPAGHETTI BOLOGNESE OR VEGGIE SPAGHETTI BOLOGNESE (V)	CHICKEN & LEEK PIE OR MUSHROOM & LEEK PIE (V)
VEGETABLE SIDES	CARROTS & BROCCOLI	RICE & PEAS	SWEET POTATO WEDGES & GREEK SALAD	SWEETCORN & BROCCOLI	CABBAGE & PEAS
DESSERT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	FRIDAY TREAT CHOCOLATE BROWNIE (MADE WITH BANANA & COURGETTE)
HOT DINNER	PASTA PRIMAVERA BAKE (V)	MINISTRONE MACARONI SOUP (V)	PEPPER, CHICKPEA & APRICOT TAGINE (V)	DIY MEXICAN FAJITAS (V)	
VEGETABLE SIDES	COURGETTE & LEEK MEDLEY	GARLIC BREAD & SWEETCORN	ROAST ROOT VEGETABLES & RICE	TOMATO SALSA & CUCUMBER SALAD	
DESSERT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	

## LET'S SHOUT ABOUT GREAT FOOD!

- WE COVER EVERY MAJOR FOOD GROUP IN THIS MENU
- ALL OUR CHEFS ARE FULLY TRAINED IN ALLERGEN AWARENESS AND FOLLOW STRICT PROCEDURES TO ENSURE EVERY CHILD'S SAFETY
- FRESH VEGETABLE CRUDITES AND FRUIT BASKET ARE ON OFFER EVERY DAY AS AN ADDITION
- ALL OUR MEAT IS CERTIFIED HALAL AND SOURCED FROM A QUALITY, TRUSTED BUTCHER WE HAVE WORKED WITH FOR OVER 8 YEARS
- EVERYTHING IS MADE FRESH IN HOUSE DAILY WITH NO ADDED SALT. WE USE FRUIT TO SWEETEN ALL OUR DESSERTS.
- WE CAN SPOT 7 DIFFERENT COUNTRIES THAT HAVE INFLUENCED THIS MENU. CAN YOU TELL US WHAT THEY ARE???





WEEK 2



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

HOT LUNCH	BEEF COTTAGE PIE OR QUORN COTTAGE PIE (V)	CREAMY TARAGON CHICKEN OR TOMATO & PEPPER STEW (V) WITH RICE	LAMB MOUSSAKA OR LENTIL MOUSSAKA (V)	TUNA PASTA BAKE OR TOMATO & BASIL PASTA BAKE (V)	CHICKEN PASTRY ROULADE OR VEGETABLE PASTRY ROULADE (V) WITH GRAVY (V)
VEGETABLE SIDES	PARSNIPS & CABBAGE	SWEETCORN & PEAS	ROAST NORTH AFRICAN VEGETABLE MEDLEY	BROCCOLI & CARROTS	ROAST POTATOES & CARROTS
DESSERT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	SWEET TREAT FRIDAY TROPICAL FRUIT JELLY
HOT DINNER	SWEET POTATO & LENTIL DAHL (V)	VEGGIE SAUSAGE CASSEROLE (V)	PEA & MINT RISOTTO (V)	DIY SANDWICH PICNIC WITH ASSORTED FILLINGS (V)	
VEGETABLE SIDES	ROAST CAULIFLOWER & COURGETTE	MASH POTATO & GREEN BEANS	BROCCOLI & CABBAGE	TZAZIKI & GREEK SALAD	
DESSERT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	

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WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT LUNCH	ITALIAN BEEF LASAGNE OR MEDITERRANEAN VEGETABLE (V) LASAGNE	SPANISH CHICKEN PAELLA OR VEGETABLE & PULSE PAELLA (V)	POT AU FEU (BEEF STEW) OR VEGAN HOT POT (V)	INDIAN CHICKEN COCONUT CURRY OR CHICKPEA, SPINACH & PUMPKIN COCONUT CURRY (V)	COD FISH FINGERS OR VEGGIE FINGERS (V)
VEGETABLE SIDES	BROCCOLI & PEAS	CUCUMBER SALAD & CARROTS	BRAISED CABBAGE & NEW POTATOES	SWEETCORN & RICE	CHIPS, PEAS, TARTARE SAUCE
DESSERT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	SWEET TREAT FRIDAY - ICE CREAM
HOT DINNER	ROAST JACKETS WITH ASSORTED TOPPINGS (V)	AUBERGINE 'PARMI' BAKE (V)	VEGETABLE ENCHILADA BAKE (V)	PASTA POMODORO (V)	
VEGETABLE SIDES	BAKED BEANS & PARSNIPS	SWEETCORN & GREEN BEANS	SALSA & MIXED BEAN RAGU	BROCCOLI & 'CEASAR' SALAD	
DESSERT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	

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