









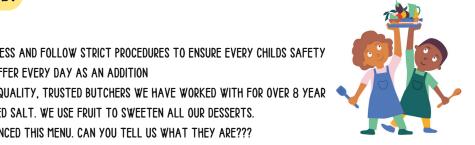


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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HOT LUNCH	JACKET POTATOES WITH  BEEF OR  VEGGIE CHILLI (V)	GOAN SALMON CURRY OR BUTTERNUT SQUASH & LENTIL CURRY (V)	FRESHLY BAKED BIANCHIS TOMATO. BASIL & MOZZARELLA PIZZA (V)	WHOLEMEAL SPAGHETTI BOLOGNESE  OR  VEGGIE SPAGHETTI BOLOGNESE (V)	CHICKEN & LEEK PIE OR Mushroom & Leek Pie (V)
VEGETABLE SIDES	CARROTS & BROCCOLI	RICE & PEAS	SWEET POTATO WEDGES & GREEK SALAD	SWEETCORN & BROCCOLI	CABBAGE & PEAS
DESSERT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	FRIDAY TREAT CHOCOLATE BROWNIE (MADE WITH BANANA & COURGETTE)
HOT DINNER	PASTA PRIMAVERA BAKE (V)	MINESTRONE MACARONI SOUP (V)	PEPPER, CHICKPEA & APRICOT TAGINE (V)	DIY MEXICAN FAJITAS (V)	
VEGETABLE SIDES	COURGETTE & LEEK MEDLEY	GARLIC BREAD & SWEETCORN	ROAST ROOT VEGETEABLES & RICE	TOMATO SALSA & CUCUMBER SALAD	
DESSERT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	

## LETS SHOUT ABOUT GREAT FOOD!

- WE COVER EVERY MAJOR FOOD GROUP IN THIS MENU
- ALL OUR CHEFS ARE FULLY TRAINED IN ALLERGEN AWARENESS AND FOLLOW STRICT PROCEDURES TO ENSURE EVERY CHILDS SAFETY
- FRESH VEGETABLE CRUDITES AND FRUIT BASKET ARE ON OFFER EVERY DAY AS AN ADDITION
- ALL OUR MEAT IS CERTIFIED HALAL AND SOURCED FROM A QUALITY, TRUSTED BUTCHERS WE HAVE WORKED WITH FOR OVER 8 YEAR
- EVERYTHING IS MADE FRESH IN HOUSE DAILY WITH NO ADDED SALT. WE USE FRUIT TO SWEETEN ALL OUR DESSERTS.
- WE CAN SPOT 7 DIFFERENT COUNTRIES THAT HAVE INFLUENCED THIS MENU. CAN YOU TELL US WHAT THEY ARE???











MONDAY

SWEET POTATO & LENTIL DAHL (V)

ROAST CAULIFLOWER & COURGETTE

FRUIT SELECTION & YOGHURT



TUESDAY





**THURSDAY** 

DIY SANDWICH PICNIC
WITH ASSORTED FILLINGS (V)

TZAZIKI & GREEK SALAD

FRUIT SELECTION & YOGHURT



FRIDAY

HOT LUNCH	BEEF COTTAGE PIE OR QUORN COTTAGE PIE (V)	CREAMY TARAGON CHICKEN OR TOMATO & PEPPER STEW (V) WITH RICE	LAMB MOUSSAKA OR LENTIL MOUSSAKA (V)	TUNA PASTA BAKE OR TOMATO & BASIL PASTA BAKE (V)	CHICKEN PASTRY ROULADE OR VEGETABLE PASTRY ROULADE (V) WITH GRAVY (V)
VEGETABLE SIDES	PARSNIPS & CABBAGE	SWEETCORN & PEAS	ROAST NORTH AFRICAN VEGETABLE MEDLEY	BROCCOLI & CARROTS	ROAST POTATOES & CARROTS
DESSERT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	SWEET TREAT FRIDAY TROPICAL FRUIT JELLY

WEDNESDAY

PEA & MINT RISOTTO (V)

BROCCOLI & CABBAGE

FRUIT SELECTION & YOGHURT

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**VEGGIE SAUSAGE CASSEROLE (V)** 

MASH POTATO & GREEN BEANS

FRUIT SELECTION & YOGHURT

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HOT DINNER

DESSERT

**VEGETABLE SIDES** 







WEEK 3





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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HOT LUNCH	ITALIAN BEEF LASAGNE OR Mediterranean vegetable (V) Lasagne	SPANISH CHICKEN PAELLA OR VEGETABLE & PULSE PAELLA (V)	POT AU FEU (BEEF STEW) OR VEGAN HOT POT (V)	INDIAN CHICKEN COCONUT CURRY  OR  CHICKPEA, SPINACH & PUMPKIN  COCONUT CURRY (V)	COD FISH FINGERS Or Veggie Fingers (V)
VEGETABLE SIDES	BROCCOLI & PEAS	CUCUMBER SALAD & CARROTS	BRAISED CABBAGE & NEW POTATOES	SWEETCORN & RICE	CHIPS, PEAS, TARTARE SAUCE
DESSERT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	DAILY MIXED FRUIT & YOGHURT	SWEET TREAT FRIDAY - ICE CREAM
HOT DINNER	ROAST JACKETS WITH ASSORTED TOPPINGS (V)	AUBERGINE 'PARMI' BAKE (V)	VEGETABLE ENCHILADA BAKE (V)	PASTA POMODORO (V)	
VEGETABLE SIDES	BAKED BEANS & PARSNIPS	SWEETCORN & GREEN BEANS	SALSA & MIXED BEAN RAGU	BROCCOLI & 'CEASAR' SALAD	
DESSERT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	FRUIT SELECTION & YOGHURT	





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