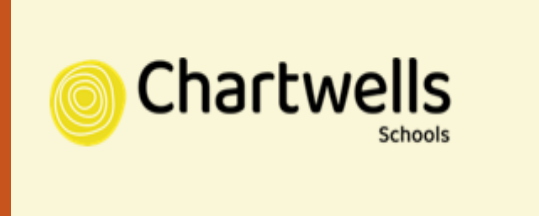




ST PAULS NURSERY TWO WEEK MENU SPRING/SUMMER 2023



**OUR NEW
MENU CHOSEN
BY PARENTS
AND CHILDREN**

**YOUR
FAVOURITES
AVAILABLE
EVERY DAY**



WEEK 1 MENU

Lunch & Tea Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Lunch Main Dish

Cheese & Tomato Pizza
Served with Potato Wedges



Chicken Tikka Masala
Served with Wholemeal Rice



Roast Turkey
Served with Roast Potatoes
and Gravy

Beef Bolognese
Served with Wholemeal Pasta
and Garlic and Herb Bread



Breaded Fish Fingers
Served with Chips

Alternative Dish

Sweet Potato Curry
Served with Wholegrain Rice



Macaroni Cheese



Vegetable Pastry Roll
Served with Roast Potatoes and
Gravy



Vegetarian Bolognese
Served with Wholemeal Pasta
and Garlic and Herb Bread



Vegetarian Dippers
Served with Chips



Dessert

Mango Frozen Yoghurt

Orange Drizzle Cake

Strawberry Jelly with Fruit Slices

Fruity Picnic Bar

Chocolate Ice Cream

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD,
JACKET POTATOES, YOGHURT AND
FRESH FRUIT



Tea Main Dish

Jacket Potato
With a choice of fillings, including
Salmon Mayonnaise



Sandwiches
with a Selection of fillings
Served with Vegetable Sticks

Wholemeal Pasta with Tomato
Sauce



Tomato Vegetable Burger
Served with Potato Wedges



Dessert

Yoghurt and Fruit



Yoghurt and Fruit



Yoghurt and Fruit



Yoghurt and Fruit



SPRING/SUMMER 2023

Vegetarian Oily fish Wholegrain Fruity!

WEEK 2 MENU

Lunch & Tea Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Lunch Main Dish

Cheese & Tomato Pizza
Served with Potato Wedges
✓ 🌿

Cottage Pie

Roast Chicken
Served with Roast Potatoes and
Gravy

Beef Lasagne
Served with Garlic and Herb
Bread
🌿

Breaded Fish Fingers
Served with Chips

Alternative Dish

Vegetable Pesto Pasta Bake
Served with Garlic Bread
✓

Vegetarian Cottage Pie
✓

Sweet potato & Chickpea Roast
Served with Roast Potatoes and
Gravy ✓

Vegetarian Lasagne
Served with Garlic and Herb
Bread
✓ 🌿

Vegetarian Dippers
Served with Chips
✓

Dessert

Orange Shortbread
with Fruit Slices 🍏

Orange Jelly

Crispy Crackle Bar

Banana and Apricot Flapjack
Served with Fruit Slices 🍏

Strawberry Ice Cream

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD,
JACKET POTATOES, YOGHURT AND
FRESH FRUIT

Tea Main Dish

Wholemeal Pasta with Tomato
Sauce ✓

Sandwiches
with a Selection of fillings
Served with Vegetable Sticks

Chinese Vegetarian Rice ✓

Vegetarian Bolognese
Served with Wholemeal Pasta
and Garlic and Herb Bread ✓

Dessert

Yoghurt and Fruit 🍏

Yoghurt and Fruit 🍏

Yoghurt and Fruit 🍏

Yoghurt and Fruit 🍏

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT AND FRESH FRUIT

✓ Vegetarian 🐟 Oily fish 🌿 Wholegrain 🍏 Fruity!

SPRING/SUMMER 2023

