

St Pauls Nursery Allergy Aware

SPRING / SUMMER 2022

THIS MENU CONTAINS SULPHITES, SOYA, LUPIN, FISH, MILK AND MUSTARD

If your child has a food allergy or intolerance SULPHITES, MILK, SOYA, LUPIN, FISH OR MUSTARD they should be provided with the alternative meal and dessert choice for that day

All allergens warning are shown in RED

NOTE: All special diet recipes will be noted with 'SD' in front of the recipe. This is where there has been an alteration to the dish to make it suitable

Closely aligned to the school offer as much as possible!

Suitable for pupils with allergies or intolerances to the 14 legal allergens



**WEEK 1
LUNCH TIME
ALLERGY AWARE**

**St Pauls Nursery
Allergy Aware Lunch Menu
Week 1**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish	SD Vegetable Supreme Pizza CONTAINS GF OATS with SD Potato Wedges	SD Chinese Veggie Noodles CONTAINS SOYA & GF BARLEY	Roast Chicken with SD Potato Wedges and SD Gravy	Beef Bolognese with SD Pasta CONTAINS SOYA AND LUPIN	SD Fish Fillet CONTAINS FISH and Chips
Alternative Dish	Jacket Potato with Baked Beans				
Vegetables	Peas and Sweetcorn	Broccoli and Sweetcorn	Carrots and Cabbage	Broccoli and Green Beans	Baked Beans and Peas
Dessert of the day	SD Chocolate Brownie CONTAINS MILK AND SULPHITES with SD Rice Milk Custard	SD Vanilla Crispie CONTAINS GF BARLEY MALT EXTRACT	SD Shortbread Biscuit CONTAINS GF OATS with Fruit Slices	SD Flapjack CONTAINS GF OATS to be served with Fruit Slices	SD Raspberry Smoothie
Alternative dessert	SD Chocolate Crispie CONTAINS GF BARLEY MALT EXTRACT with SD Rice Milk Custard	Fresh Fruit with Coconut Yoghurt	Fresh Fruit with Coconut Yoghurt	Fresh Fruit with Coconut Yoghurt	Fresh Fruit with Coconut Yoghurt

SPRING/SUMMER 2022

Available Every Day: Water, Coconut Yoghurt and Fresh Fruit

If your child has a food allergy or intolerance to the allergen present, they will be provided with the alternative meal/dessert choice for that day

**WEEK 2
LUNCH TIME
ALLERGY AWARE**

**St Pauls Nursery
Allergy Aware Lunch Menu
Week 2**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SPRING/SUMMER 2022

Hot Main Dish	SD Macaroni Cheese CONTAINS SOYA, LUPIN & GF OATS	Cottage Pie	Halal Roast Turkey <i>with SD Potato Wedges and SD Gravy</i>	SD Chicken & Tomato Rice	SD Fish Fillet CONTAINS FISH <i>and Chips</i> 93040525
Jacket Potato	Jacket Potato with Baked Beans				
Vegetables	Peas and Sweetcorn	Green Beans and Broccoli	Carrots and Cabbage	Sweetcorn and Broccoli	Baked Beans and Peas
Dessert of the day	SD Flapjack CONTAINS GF OATS <i>with Fruit Slices</i>	SD Shortbread Biscuit CONTAINS GF OATS <i>with Fruit Slices</i>	SD Orange and Mango Smoothie	SD Vanilla Sponge CONTAINS MILK AND SULPHITES	SD Chocolate Crispie CONTAINS GF BARLEY MALT EXTRACT
Alternative dessert	Fresh Fruit <i>with Coconut Yoghurt</i>	Fresh Fruit <i>with Coconut Yoghurt</i>	Fresh Fruit <i>with Coconut Yoghurt</i>	SD Vanilla Crispie CONTAINS GF BARLEY MALT EXTRACT	Fresh Fruit <i>with Coconut Yoghurt</i>

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**WEEK 1
TEA-TIME
ALLERGY AWARE**

**St Pauls Nursery
Allergy Aware Tea Menu
Week 1**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish	SD Vegan Cheese & Tomato Sandwich CONTAINS MUSTARD OR SD Tuna Salad Sandwich CONTAINS FISH AND MUSTARD AND SULPHITES	Jacket Potato with Baked Beans OR Jacket Potato with Cheese CONTAINS MILK	SD Tomato Pasta CONTAINS SOYA AND LUPIN	Mild Chickpea and Potato Curry <i>with Wholegrain Rice</i>	
Jacket Potato	Jacket Potato with Baked Beans				
Vegetables	Carrot and Cucumber Sticks	Carrot and Cucumber Sticks	Peas	Broccoli	
Dessert of the day	Fresh Fruit <i>with Coconut Yoghurt</i>	Fresh Fruit <i>with Coconut Yoghurt</i>	Fresh Fruit <i>with Coconut Yoghurt</i>	Fresh Fruit <i>with Coconut Yoghurt</i>	

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WEEK 2
TEA-TIME
ALLERGY AWARE

St Pauls Nursery
Allergy Aware Tea Menu
Week 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish	SD Chinese Veggie Noodles CONTAINS SOYA & GF BARLEY	SD Vegan Cheese & Tomato Sandwich CONTAINS MUSTARD OR SD Tuna Salad Sandwich CONTAINS FISH AND MUSTARD AND SULPHITES	SD Incredible Burger <i>with SD Potato Wedges</i>	Jacket Potato with Baked Beans OR Jacket Potato with Cheese CONTAINS MILK	
Jacket Potato	Jacket Potato with Baked Beans				
Vegetables	Sweetcorn	Carrot Sticks Cucumber Sticks	Carrot Sticks Cucumber Sticks	Carrot Sticks Cucumber Sticks	
Dessert of the day	Fresh Fruit <i>with Coconut Yoghurt</i>	Fresh Fruit <i>with Coconut Yoghurt</i>	Fresh Fruit <i>with Coconut Yoghurt</i>	Fresh Fruit <i>with Coconut Yoghurt</i>	

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