

St Pauls Nursery Spring/Summer 2020 Menu-

Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Cheese and Tomato Pizza ** <i>with Potato Wedges</i>	Halal Chicken Sausages <i>with Mashed Potato & Gravy</i>	Chicken Korma <i>With a Rice Side**</i>	Beef Bolognese**	Fish Fingers <i>With Chips</i>
Alternative Dish	Jacket Potato <i>With Baked Beans, Cheese, Tuna or Salmon Mayo***</i>	Vegetarian Sausages <i>with Mashed Potato & Gravy</i>	Veggie Korma <i>With a Rice Side**</i>	Quorn Bolognese**	Soft Vege Tacco <i>With Chips</i>
Vegetables	Sweetcorn Coleslaw	Carrots Peas	Sliced Tomatoes Broccoli	Sweetcorn Mediterranean Vegetables	Baked Beans Peas
Desserts	Raspberry Yoghurt Cake	Peach Shortbread Pudding * <i>with Custard</i>	Flapjack with Fruit Slices *	Chocolate Apricot Brownie	Vanilla Ice Cream
Tea Menu	Red Lentil Dhal <i>With a Rice side**</i>	Veggie Balls In Tomato Sauce <i>With Pasta**</i>	Country Vegetable Pie <i>With Mashed Potato</i>	Mild Chickpea & Potato Curry <i>With a Rice Side**</i>	Tomato Beany Burger <i>With Potato Wedges</i>
Vegetables	Must provide a portion of vegetables and/or fruit as part of tea each day				
Tea Menu Desserts	Mango Frozen Yoghurt	Blueberry Frozen Yoghurt	Sliced Banana <i>With Custard</i>	Creamy Peach Rice Pudding	Fruity Picnic Bar*

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt served daily

*Fruit Based **Wholegrain ***Oily fish



St Pauls Nursery Spring/Summer 2020 Menu-

Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Vegetable Chilli Macaroni	Beef Burrito	Chicken Tikka Masala <i>With a Rice Side**</i>	Roast Chicken <i>With Potato Wedges & Gravy</i>	Herby Baked Fish <i>With Chips</i>
Alternative Dish	Butternut Squash and Tomato Bake <i>With a Pasta Side**</i>	Vege Burrito	Mild Bean Chilli <i>With a Rice Side**</i>	Vegetable Pastry Slice <i>(pastry)</i> <i>With Potato Wedges & Gravy</i>	Quorn Dippers <i>With Chips</i>
Vegetables	Sliced Tomato & Cucumber Sweetcorn	Peas Carrots	Sweetcorn Sliced Tomatoes	Cabbage Carrots	Peas Baked Beans
Desserts	Raspberry Ripple Cake	Apple & Carrot Yoghurt Muffin*	Strawberry Ice Cream	Chocolate Cake <i>with Custard</i>	Oatie Biscuit <i>with Fruit Slices *</i>
Tea Menu	Sweet Potato Chickpea Roast <i>with Potato Wedges</i>	Tomato and Basil Pasta**	Quorn Roast <i>With Mashed Potato & Gravy</i>	Chinese Veggie Noodles	Vegetable Biryani <i>With Rice**</i>
Vegetables	Must provide a portion of vegetables and/or fruit as part of tea each day				
Tea Menu Desserts	Strawberry Frozen Yoghurt	Sliced Banana <i>With Custard</i>	Banana Oat Bite*	Raspberry Ripple Ice Cream	Vanilla Ice Cream

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt served daily

*Fruit Based **Wholegrain ***Oily fish

