

**FREE**

# Incredible Years Parenting Course

St Pauls Nursery School & Children's Centre  
Little Bishop Street, St Pauls, BS2 9JF

Friday 7th Sept - 7th Dec 2018

10am - 12.15pm

For parents of children aged 3 - 10y

Call Chris on 0117 3576460 or 07795091462 or

Deb on 0117 3521499 or 07880179204 to book

**FREE CRECHE**

The Incredible Years Course focuses on building positive parenting skills. It provides tools & strategies to encourage positive behaviour, build relationships and manage conflict.



## TOPICS INCLUDE

Problem Solving  
Communication Skills  
The Importance of Play  
Effective Limit Setting  
Praising and Rewarding  
Handling Misbehaviour

★ **For parents of  
children with  
challenging behaviour** ★

**Free refreshments  
Provided at every session**



East Central Early Help  
0117 3576460

**FREE**

# Incredible Years Parenting Course

St Pauls Nursery School & Children's Centre  
Little Bishop Street, St Pauls, BS2 9JF

Friday 7th Sept - 7th Dec 2018

10am - 12.15pm

For parents of children aged 3—10y

Call Chris on 0117 3576460 or 07795091462 or

Deb on 0117 3521499 or 07880179204 to book

**FREE CRECHE**

The Incredible Years Course focuses on building positive parenting skills. It provides tools & strategies to encourage positive behaviour, build relationships and manage conflict.



## TOPICS INCLUDE

Problem Solving  
Communication Skills  
The Importance of Play  
Effective Limit Setting  
Praising and Rewarding  
Handling Misbehaviour

★ **For parents of  
children with  
challenging behaviour** ★

**Free refreshments  
Provided at every session**



East Central Early Help  
0117 3576460