

WINTER 2017/18

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Lunch	Savoury Mince Veggie Savoury Mince Mashed Potato Mixed vegetables Gravy Lemon fudge pudding and lemon sauce	Jerk Chicken Jamaican Veggie dish Rice and Beans Fruit Crumble and Custard	Vegetable Pasta bake Sweetcorn Garlic bread slice Fruit Jelly	Roast chicken Roast Quorn Roast/boiled potatoes Cabbage & Carrots Gravy Rice Pudding	Fish in breadcrumbs Egg and vegetable flan Chips Peas Pineapple upside down cake and custard
Baby	As above	As above	As above	As above	Casserole
Tea	Dahl and Rice Mixed Vegetables Beetroot muffin	Spanish Omelette Salad Cherry Shortbread	Filled jacket Potatoes Tuna/Cheese Sweetcorn or salad Fromage frais and fruit	Butternut squash and bean soup Bread roll Chocolate sponge	Cheese and potato pie Baked beans Fruit yoghurt
Baby	As above	Casserole	As above	As above	As above

WINTER 2017/18

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2					
Lunch	Beef Bolognese Vegetable Bolognese Pasta Sweetcorn Eves pudding and custard	Roast chicken Roast Quorn Roast/boiled potatoes Broccoli/Cauliflower Gravy Rice Pudding	Filled jacket Potatoes Cheese/Beans Sliced Tomatoes Yoghurt and fruit compote	Lamb Curry Veggie Curry Rice Mixed veg Fruit Crumble and custard	Fish Mornay Egg Mornay Mashed Potato Carrots/Peas Chocolate Crunch and custard
Baby	As above	As above	As above	As above	As above
Tea	Sausage and Bean Hotpot Vegetarian Sausage & Bean Hotpot Fromage frais and fruit compote	Vegetarian flan Jacket Wedges Mixed Salad Cherry Shortbread and custard	Pizza Cucumber and carrots sticks Semolina pudding and fruit	Chicken and Vegetable Casserole & dumpling Vegetable and Lentil casserole & dumpling Ice cream and fruit compote	Vegetable Lentil Soup Bread roll Banana Cake
Baby	As above	As above	Beans on toast	As above	As above