

# St Pauls Nursery School and Children's Centre Newsletter

## July 2017



### Headteacher Update—Lucy Driver

#### Dear Parents and Families

Hurray for Greenplay (see photo)! I'm sure you will all agree our garden is just fantastic! Our ambition doesn't stop here, we are

already onto the next bit of planning to include a growing area and forest enclosure, which will all be dependent on the success of our fundraising activities over the year.

This time of year is amazing, your children are at their most confident, and we hope resilient as they start to move on up or out of our setting. For those of you who are leaving us, we wish you and your child every success in Primary School.

2016-17 has been a great year for St Pauls, for example we have a great new outside area, have been nominated for national awards for our antenatal work and presented research at local and national conferences. We have a remarkable team, I'm sure you will join me in thanking them all for their commitment, love and hard work.

As ever we are saying goodbye to a few staff members as they move away or on to new exciting things. We say goodbye to Pippa, who has inspired our Forest Adventures, Alba who returns to her home country, Amber, who will be training to be a teacher and Emily, who is leaving to have her first baby! They have each brought so much to our learning community, we wish them good luck!

We also welcome new folk onto our team, Abi is joining our baby team and Billie and Henar will be working in EYs2.

Finally can we also say thank you to you for your continued support, our nursery is going from strength to strength and that's largely due to the support of our families and community. We wish you a peaceful and happy summer.



**Nursery term dates:**  
**Last day of term is Friday 21st July.**  
**New term starts on Tuesday 5th September.**  
**Family support is available throughout the school holidays.**

**Inset Days:**  
Nursery School and Children's Centre will be **CLOSED** for staff training and development on the following date:

**Monday 4th September**  
**Monday 11th September**  
**Thursday 23rd November**  
**Wednesday 17th January**  
**Tuesday 27th February**  
**Wednesday 6th June**

## Wellbeing arts

Here at St Pauls we are very proud of the work that we do to support the local community. We reach out and use a creative approach to engage with members of our locality and our families who work alongside one another at wellbeing arts. Wellbeing arts is a relaxed and friendly group art session, the sessions are beneficial for those who are socially isolated, anxious, stressed or suffering from chronic illness. Participants attend for 16 weeks and this term we have enjoyed batik, printmaking, working with clay and sculpture.

We were also invited to participate in an exhibition at City Hall. The 'Culture, Health and Wellbeing Interna-



### **a creativeShift project**

is an installation of figures and portraits created by people attending Art on Referral programmes in Bristol.

creativeShift is an artist collective experienced in delivering programmes to improve wellbeing. creativeShift devises and delivers innovative projects, resulting in events and exhibitions which extend and showcase work produced by individuals and groups often excluded from being involved in the cultural life of society.

CROWD will first be shown at the Culture, Health and Wellbeing International Conference, City Hall, Bristol. It will then tour Bristol and beyond.

For more information contact: [creativeshift@gmail.com](mailto:creativeshift@gmail.com)  
<https://www.facebook.com/creativeshiftarts>



tional Conference was held last month and our artwork was displayed alongside other 'art on referral' groups from across the city. We also contributed to 'Crowd', which was an incredible installation which encouraged an open dialogue about the 1 in 4 of us who will experience difficulties with our mental health during our lives. We were very proud that some of the participants on our programme attended the show and met with some of the delegates from the conference to talk of their experiences at wellbeing arts.

If you think this may be something you are interested in please contact Jenny Bodnarchuk on 07467335725 or [jenny.bodnarchuk@bristol-schools.uk](mailto:jenny.bodnarchuk@bristol-schools.uk).

We look forward to hearing from you.





### **St Pauls Library**

Following our meeting with Shulah, Dennis and Vicky from the city libraries the nursery school designed a Library visiting plan, with dates and times for parents to sign up. All of the key groups have been visiting the library weekly and families have eagerly attended the visits as you can see from the photos.

For some of our children, the library is a completely new environment, children are totally inspired by the huge selection of books, which enable them to extend their own fascinations to completely new levels. Kyron searched the shelves carefully to collect a pile of books about dinosaurs, then methodically leafs through every page, proudly naming the ones he recognises. Ab-durahman searched a page for all the 'A's' – 'That's my name!' he celebrates.



The quiet space provides the perfect environment to share new books together as a family; Rhianna's Nanny and Mummy came along and chose different books to read with Rhianna and her baby brother - Isaiah. Rhianna and her Mum both left as signed up Library Members! Library staff have been flexible and welcoming throughout our visits; sharing stories

with children, and advising families on opening times and different services offered and events held at the library.

Vicky from the library has also come along and read stories in the classroom and met with families to encourage them to visit their local library., and Dennis came and met our childminding group.

#### **Did you see them at the summer event on Saturday?**

We are currently working towards our aim of signing up 100% of our children for library membership.









**Did you attend our summer celebration on Saturday?**

We really enjoyed seeing so many of our families, old and new faces, and members of our community.

We are very proud of our new garden, the tree houses, our sandy play area, the babies shack and the fire pit.....the list goes on!

There is still a way to go and the money we raised on Saturday will go towards a nest swing. **You will be pleased to know that we raised about £800...**

We need to say a big thank you to the following:

- Nick Giles (manager of Tescos in Brislington) donated fruit and bread rolls for our barbeque.
- Pak Butchers donated meat for the barbeque.
- Cossys fruit and veg donated fruit baskets for the raffle
- Alison Clarkeson who made the most amazing cake for our 'guess the weight of the cake' competition.
- All the staff and families who took time to bake cakes and cook food.



All the musicians who made it such a magical day, we enjoyed listening to you all.

The garden was officially opened by Karen Fry, who worked alongside our families for over 40 years. Karen was joined by three of our original babies who were thrilled to be part of the ceremony.

Thank you to all of the staff and families who gave up there time to come along and help make our first summer celebration such a great success.

**MONTHLY DAY CARE AND WRAPAROUND IN-VOICES**

Please can we remind all parent/carers that invoices for day care and wrap-around are sent out at around the 15<sup>th</sup> of the month and due to be paid within 14 days of issue – i.e. by the end of the month.

Reminders for payment will be sent out from the beginning of the month.

If your payment has been made but you are waiting for it to be processed through Bristol City Council – such as online payments and childcare vouchers— please let the office know so that we don't chase you further.



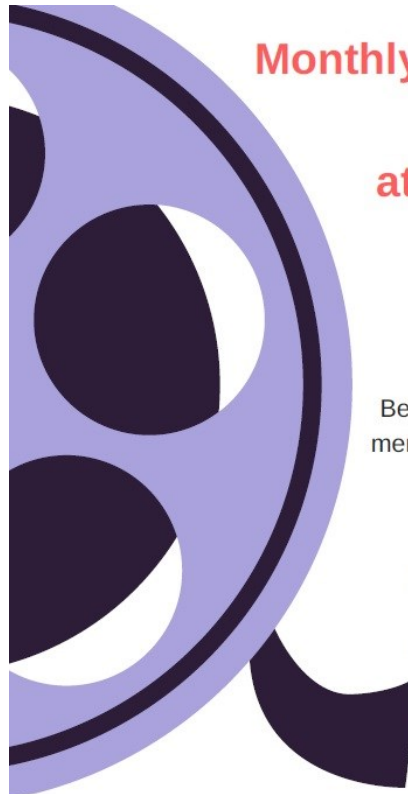
**Monthly Saturday Morning Family Film Club at Junction 3 Library**

Next screening:  
Cats and Dogs (cert PG)  
Saturday August 12th 11am

Become a Junction 3 Family Film Club member to enjoy free films & workshops throughout the year

Yearly membership costs  
£1.50 over 16s / 50p under 16s

Phone or visit Junction 3 Library to become a member and for more information



Junction 3 Library, Baptist Mills, BS5 0FJ  
Tel. 0117 9223001

Junction 3 opening hours: Mon 1-7pm, Tue 11am-5pm, Wed 1-7pm, Thu closed, Fri 11am-5pm, Sat 10am-5pm, Sun closed. Please note that there are 45 places per film which will be allocated on a first come first served basis. All children under 8 must be accompanied by an adult.

**Bristol Libraries**  
www.bristol.gov.uk/libraries

**WATERSHED**

**Knightstone**

**Recipe Book—Update**

We have been overwhelmed by the contributions for our recipe book, many thanks to all of you who have taken the time to submit your recipes so far.

We are now planning to take the submissions to a graphic designer and have the book printed, therefore, this will take a little longer than anticipated!



The plan is that it will be available for you all to buy towards the end of the year, we will keep you updated with the progress, but in the meantime you are still able to submit any recipes, pick up a leaflet from reception or contact Jenny:

Jenny.bodnarchuk@bristol-schools.uk

**Please send in by Friday 29th September 2017**





**St Pauls Nursery School and Children's Centre Summer Activities.**

**(Weather permitting – in case of rain activities will be held in the Pod at the Children's Centre)**

Week beginning	Monday Other events	Tuesday	Wednesday Other events	Thursday	Friday Other events
<b>24<sup>th</sup> July</b>		<b>Painting in the Park</b> St Pauls Park BS2 0SA 10.00am – 11.30am	<b>Blaise Giants Fairy Door Trail</b> Blaise Castle Estate 11.00am – 3.00pm Suitable for 3-10 yr. olds	<b>Playdough in the park</b> St Agnes Park Thomas Street BS2 9QJ 1.30pm – 3.00pm	<b>Facebook page...</b> 'Bristol free and affordable things to do with kids'
<b>31<sup>st</sup> July</b>	<b>St Werburghs Farm</b> Open daily Watercress Rd, St Werburghs BS2 9YJ	<b>Junk Modelling in the park</b> St Pauls Park BS2 0SA 10.00am – 11.30am		<b>Games in the park</b> St Agnes Park Thomas Street BS2 9QJ 1.30pm – 3.00pm	
<b>7<sup>th</sup> August</b>		<b>Music &amp; bubble play</b> <b>Circusmedia in the park</b> St Pauls Park BS2 0SA 10.00am – 11.30am	<b>Pogo Drum Singalong</b> (run by Windmill Hill City Farm) Donation appreciated 10.30am – 11.00am Windmill Hill, BS3 4EA	<b>Painting in the Park</b> St Agnes Park Thomas Street BS2 9QJ 1.30pm – 3.00pm	<b>Have a look at</b> dayoutwiththekids.co.uk <b>Ideas of things to do.</b>
<b>14<sup>th</sup> August</b>	<b>Stay &amp; Play (run by Windmill Hill City Farm)</b> 9.30am – 11.30am Windmill Hill, Philip Street Bedminster BS3 4EA	<b>Play dough in the Park</b> St Pauls Park BS2 0SA 10.00am – 11.30am		<b>Junk Modelling in the Park</b> St Agnes Park Thomas Street BS2 9QJ 1.30pm – 3.00pm	
<b>21<sup>st</sup> August</b>		<b>Games in the park</b> St Pauls Park BS2 0SA 10.00am – 11.30am	<b>Sticky Adventures</b> <b>Arts and crafts( all day)</b> Blaise Castle Estate Henbury, Road BS10 7QS	<b>Music, bubble play in the park</b> St Agnes Park Thomas Street BS2 9QJ 1.30pm – 3.00pm	Like our Facebook Page: <b>St Pauls Nursery and Children's Centre</b> <b>Keep up to date with what's happening.</b>
<b>28<sup>th</sup> August</b>	<b>BANK HOLIDAY</b>	<b>GROUPS CLOSED</b>	<b>GROUPS CLOSED</b>	<b>GROUPS CLOSED</b>	<b>GROUPS CLOSED</b>

**Please contact the Family Support Team on 0117 9030337 to find out more.**  
St Pauls Nursery School and Children's Centre. Little Bishop Street, St Pauls, Bristol BS2 9JF

### Pliosaurus!



<https://www.bristolmuseums.org.uk/bristol-museum-and-art-gallery/whats-on/pliosaurus/>

Travel back in time 150 million years and dive into Bristol's Jurassic seas, teeming with extraordinary creatures.

We dare you to come face to face with one very special creature – an 8m long Pliosaurus. She's the ultimate predator and you'll be awestruck as you touch her wounds, listen to her heart beat, and smell her disgusting breath.

Then travel forward to the present to find out more about this amazing beast, who we've named Doris. See her actual fossil - one of the world's most complete – and play games to discover more about her life and death. All the family can have fun investigating the science that helped us bring her back to life.

Make sure you pick up a Jurassic Takeover pack when you arrive for more exciting Jurassic related activities throughout the museum!

Pliosaurus! is particularly suitable for families with children aged 3 -11 years. There are special toddler times on Tuesday mornings, 10am -1pm (outside of school holidays).

**There's no ticket to buy on the way in... Pay What You Think on the way out.**

**FUNDAY SATURDAY 22ND JULY 11AM TO 4:30 PM**

- Face Painting
- Bag painting
- Henna
- Food of the world
- Craft stalls
- Forest School activities
- Children's games
- Story telling
- Bike Maintenance



**Baptist Mills Court  
Junction 3 Library  
BS5 0FJ**

**Free Cakes  
Pop Up Cafes**





## Summer Holiday Family Fun at Blaise



### **The Blaise Giant's Fairy Door Trail**

**Wednesday 26 July, 11am - 3pm | Most suitable for 3-10 year olds**

Imagine you are a Bristol giant striding across Blaise and discovering fairy doors hidden across the museum and gardens. Open the doors to find what's hidden behind. Collect the letters and work out the hidden message. Plus craft activities and refreshments in the community gardens.

### **Dressing-Up Day**

**Wednesday 2 August, 11am - 3pm | Most suitable for 3-10 year olds**

Don't you just love dressing-up? Imagine you once lived in this fabulous house; explore our Clothes and Fashion Activity Baskets and make your own Victorian paper dolls.

### **Animal Story Factory**

**Wednesday 9 August, 11am - 3pm | Most suitable for over 6 year olds**

Create your own animal story with children's author Rachel Carter using the gardens and woodlands as inspiration. Plus craft activities and refreshments in the community gardens.

### **Dressing-Up Day**

**Wednesday 16 August, 11am - 3pm | Most suitable for 3-10 year olds**

Don't you just love dressing-up? Imagine you once lived in this fabulous house; explore our Clothes and Fashion Activity Baskets and make your own Victorian paper dolls.

### **Sticky Adventures... or loads of things you can do with a stick!**

**Wednesday 23 August, 11am - 3pm | Most suitable for 3-10 year olds**

Explore the park then bring the whole family, a bundle of sticks and your own imagination for a sticktastic day. Try your hand at stick-based weaving, mobiles and crowns, activities and games.

### **Animal Story Factory**

**Wednesday 30 August, 11am - 3pm | Most suitable for over 6 year olds**

Create your own animal story with children's author Rachel Carter using the gardens and woodlands as inspiration. Plus craft activities and refreshments in the community gardens.

All events are 'drop in'. After each activity, you pay what you think it has been worth!  
Bus numbers 1, 3, 4 and 76 all stop nearby. Car park at Kings Weston Road (BS10 7QS).



# BE AMAZING

## BE A HOME START BRISTOL VOLUNTEER!

When you volunteer for Home Start Bristol, you'll be a lifeline for a family: helping them get back on their feet and develop the skills they need to cope in the future.

Home Start Bristol is an independent registered charity supporting struggling families with at least one child under five. We recruit and train volunteers and carefully match them with local families.

### NEXT VOLUNTEER COURSE STARTS

#### TUESDAY 19 SEPTEMBER

Our popular, accredited Volunteer Preparation courses are held 3 times a year, with each course running for 36 hours over 9 weeks. Course times are designed to fit in with the school day and volunteers are asked to attend just once a week. At the end of the last course, 100% of volunteers said they would recommend it to a friend, and what's more, it carries a Level 2 Accreditation. This qualification, combined with the experience gained working with us, can act as a wonderful stepping stone into future careers.

**PARENTS AND GRANDPARENTS HAVE THE EXPERIENCE TO MAKE GREAT VOLUNTEERS**

By encouraging and involving parents in their own support planning, we see parents and families grow in confidence. And when this happens, children flourish...

**THE SUPPORT IS FANTASTIC**

"After seeing a close friend go through post-natal depression I felt I wanted to help other mums. The course exceeded my expectations. The support was, and still is, fantastic".  
- Rachel, volunteer

**VOLUNTEER TODAY!**

If you can spare 2-3 hours a week to do something amazing, contact us today.

**YOU REALLY WILL BE CHANGING LIVES.**

September Course Venue: Phoenix Social Enterprise, 5 Russell Town Avenue, Redfield BS5 9LT.  
Call 0117 950 1170 | [www.homestartbristol.org.uk](http://www.homestartbristol.org.uk) | Find Us On Facebook



## "Sun Safety"

Your child's skin needs protection from the sun's harmful ultra-violet (UV) rays whenever they're outdoors.

Seek shade. UV rays are strongest and most harmful at mid-day, so it's best to plan indoor activities then. ...

Cover up. ... Get a hat. ...Wear sunglasses. ... Apply sunscreen.

If you feel you need to protect your child from the sun when in a pram or push chair....Don't cover with a blanket, muslin or coat use a sun screen designed especially for this purpose.

Your child/baby can over heat as the temperature inside the muslin will increase by 10 degrees. On a day which is 22 degrees the temperature under cover for the child/baby can reach 34 degrees. Seek medical help or professional advice for further information.



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